



Action Council All Member Meeting

Date: February 7, 2024 1:00pm

Attendees

In person: Stephanie K, Ashley. Zoom: Linn, Sarah K, Amanda, Stephanie L, Emily, Aimee. Special guest speaker: Shelly Spickler.

Agenda

1. Purpose of Meeting
2. Group agreements
3. Speaker: Shelly Spickler, Youth Services Network
Shelly talked a bit about her job with YSN in the Infant and Early Child Care division. She supports child care centers and homes working with adults only, however. YSN staff act as “behavior detectives” to get to causes of behavior and helps keeps teachers and kids steady in the classrooms. She refers clients to agencies if they need services
4. Region 8 ECEC Action Plan Update
 - Regional Manager Lou Ann Hayes told the Council our Action Plan has been approved and thanked everyone for all of the hard work and input they contributed to getting it done and early too!
5. Health & Wellness Check-In
6. What is children’s mental health?
7. Region demographics revisited
Lou Ann reminded Council members of Region 8’s demographics regarding total number of kids aged 0-5 and how many live at 100% of the poverty level.
8. Current health resources in Region 8.
Council members contributed to an extensive discussion of what mental and behavioral health services are available in Region 8. They confirmed there is a severe shortage of specialists to serve the immense need here.

Next meeting:

- Next meeting date: Wednesday, February 21, at 1:00pm at the Stewart Centre 7th Floor or via Zoom (**with cameras on, please**)