



[Region 53 Action Mental and Behavioral Health Meeting 1](#)

Wednesday, February 7, 2024 11:30am – 1:30pm

Council members present: Douglas Bury, Donna Ashley, Brenda Lee-Smith, Michelle States, Heather Schichner, Phyllis Bliven, Staci Coussens, Nicole Meyers-Bilbrey (Family Council Representative)

Agenda

1. Group agreements.
Revisit our group agreements for how we will best interact and partner.
 - Treat each other with kindness and respect.
 - Listen with compassion and curiosity.
 - Hold all stories shared confidential.
 - Be mindful that everyone's time is of value.
 - Feel free to eat lunch since we are meeting over the noon hour.
2. Data literacy
 - a. Reviewed how we work with data, what the limitations of data are, and interpreting data.
 - b. Language considerations.
3. Introduction to mental and behavioral health landscape PowerPoint.
 - a. Discussion around what the mental and behavioral health landscape looks like for families in Region 53. Data presentation and conversation on what services, resources, and referrals are available to them.
 - i. Talked about how we can find out exactly where direct service providers are located and how to find out what insurance they take in a time-efficient way. Also discussed were non-profits in the area and how to accurately count what is available.
 - ii. We will discuss gaps and barriers for resources/services in our next February meeting.
 - b. We will discuss what the referral process for mental and/or behavioral health services is like for service providers, referral agencies, and others who work with caregivers and families in our next February meeting.
 - c. We used survey report information to get a better understanding of the referral process looks like for mental and/or behavioral health services for families.

Before next meeting...

We will hear from Chris Heider during our next meeting, he will be discussing Coordinated Intake and what that process looks like for families and providers. Come with any questions you may have.



Next Meeting: Wednesday, February 21, 2024 11:30am- 1:30pm on Zoom.