

## Region 53 Action Mental and Behavioral Health Meeting 2

# Wednesday, February 21, 2024 11:30 AM - 1:30 PM

Council members present: Douglas Bury, Lynn Burgett, Donna Ashley, Brenda Lee-Smith, Michelle States, Courtney Long, Staci Coussens.

### **Agenda**

- 1. Group agreements.
- 2. Guest speaker: Chris Heider, Coordinated Intake, Intensive Home Visiting Specialist
  - Discussed what the coordinated intake referral process is, what it looks like for providers, what it looks like for families, and if there are any barriers.
- 3. Mental and behavioral health landscape (updating some numbers, providing new numbers)
  - Discussed what the mental and behavioral health landscape looks like for families in our region and what services, resources, and referrals are available to them.
  - Discussed what is missing from the list.
  - Discussed the gaps in the mental and behavioral health landscape.
  - Discussed the referral process for mental and/or behavioral health services.
    Discussed what the process is like for service providers, referral agencies, and others who work with caregivers and families.

#### 4. Survey Reports

• Discussed if anything in the survey stood out to Council members.

## Before next meeting...

Carol Tiggelaar will be speaking on Infant/Early Childhood Mental Health Consultation. Please come with any questions you may have. Keep an eye on your email, and questions coming from Kerry, ideally, we will have them back by March 1st.

Next Meeting: Wednesday, March 6, 2024 11:30 AM-1:30 PM on Zoom