



Family Council Member Meeting.

Date: Wednesday, February 7, 6:00pm – 7:30pm.

Attendees.

Council members present: Anita Frei, C'Ante Morris, Christina Erwin, Courtney Kilgore, Hunter Stahl, Kerishena Metz, Shelby Hall.

Agenda.

1. Review group agreements.

Notes: Melissa began the meeting with a discussion of the Group Agreements, emphasizing that currently there is no confidentiality statement. It was agreed that it should be added; specifically, if someone shares a personal experience during a Council meeting, it should not be discussed in a future meeting when that person is not present. Melissa will work on creating a confidentiality statement and present it to the Family Council for revision and approval.

2. Overview of work.
3. Mental health/wellness check-ins.
4. Mental and behavioral health introduction.

Notes: Many Family Council members shared experiences around their children's mental and behavioral health, with an emphasis on co-morbidities with disabilities. The Council discussed the impact of insurance coverage, what insurance is accepted by mental and behavioral health providers, and the limited number of providers that accept Medicaid.

Before next meeting...

- Complete the mid-year Council member survey by February 14.