



Action Council Member Meeting.

Date: Tuesday, February 20, 2024, 1:00pm – 3:00pm.

Attendees.

Council members present: Andrianna Smyrniotis, Bryna Ryan, Erin Stout, Jacqui Jones, Kimberly Cary, Kristi Ray, Shannon Dault.

Agenda.

1. Icebreaker.
2. Group agreements.
3. Mental and behavioral health landscape.
Notes: Kari began discussion with the Action Council by asking their feelings about what the mental and behavioral health landscape looks like for families, using the data provided. Responses pointed out gaps in accessing services that include insurance constraints, ages served, long wait lists, limited hours of operation, and limited availability of services outside the city of Peoria. Within the city of Peoria, there are not enough services available in areas where there's a higher need or that are easily accessible using public transit. Conversation turned to mental and behavioral health services in school settings, noting that one counselor per school isn't enough, and some schools are outsourcing. Schools do not provide services without a special education referral.
4. Referral process.
Notes: The Action Council discussed the referral process for mental and behavioral health services. It was noted that some doctors aren't helpful in finding services, so some families must find it on their own. The Council discussed ways to talk to families about the availability of resources, and whether it is the role of the child care, preschool, or school district to recommend services or support.

Before next meeting...

- Complete the post-meeting Google form if you have any additional information to share.