



Action Council January Meeting

Action Council Members

Date: January 25th, 2024 11:30am-1:30pm

Agenda

1. Objectives.
2. Review Group Agreements.
3. Introduction to Mental and Behavioral Health.
 - Mental Health and youth statistics.
 - Barrier's caregivers and parents face when trying to access pediatric mental health care include:
 - Lack of nearby providers.
 - Waitlists.
 - Cost of insurance coverage.
 - Lack of insurance.
4. A Parents Perspective on Children's Mental Illness Video.
5. Mental and Behavioral health: Family Voice Matters.
 - Stories shared by families provide the needed context and evidence about the landscape of mental and behavioral health in each Region, including:
 - What is available and missing.
 - What is the referral process like for families.
 - What barriers exist when seeking mental and behavioral health services.
 - Who is missing out on needed services due to existing barriers.

Before the next meeting...

- We will email out the Mental/Behavioral Health Agenda for the next few months.
- Resource materials will also be sent.
- Birth to Five State Team will be emailing a Council Member survey on February 1st looking for feedback: please be on the lookout for that and complete.