



## Action and Family Council Workgroup Meeting

Date: December 6, 2023

### Attended:

Amanda Pett, Cali Rudd, Aurora Scarpaci, Elena Galarza, Jenna Cashman, Shelley Kinney.

### Agenda:

1. Introductions/Icebreaker.

Notes: Everyone present participated in the Ice Breaker: "What is something you enjoy that others think is meh?"

2. Finalizing SMART goals for the 3 recommendations.

Notes: The Workgroup council discussed SMART goals and finalized a timeline for each of the goals.

3. Next Steps.

Notes: We discussed our next meeting dates and agendas for January as we wrap up our Action Plans. In February we will move our focus to Mental Health and begin to have two Action Council and two Family Council Meetings a month.

The Regional Council Manager explained that she and the Family and Community Engagement Specialist will email the updated meeting dates as well as a Mental Health survey. We are asking the Council Members to please share the survey with the community as they see fit.