



Action and Family Council Workgroup Meeting.

Date: January 24, 2024.

Attendance

Amanda Pett, Cali Rudd, Donna Emmons, Aurora Scarpaci.

Agenda.

1. Introductions/Icebreaker.

Notes: Ice Breaker, "If you could join any fictional family, which one would you join? Why? All members present participated in the ice breaker.

2. Finalizing Action Plan and Questions to Consider.

Notes: Our Regional Council Manager reviewed the Action Plan, the data that supports the recommendations, the SMART goals, and each of the recommendations under each goal.

3. Transitioning to Mental Health Work.

- a. What is Children's Mental Health?

Notes: Our Regional Council Managers shared the definition of mental health for children provided by the Center for Disease Control.

Notes: We will meet two times a month. The next Action Council meeting is on February 6th, 2024 and Family Council is on Feb 7th, 2024. Council surveys will be available February 1, 2024. Please keep an eye out for these in your emails.