



## Family Council Meeting .

Date: January 10, 2024.

### Attendance.

Amanda Pett, Thalia Ruiz-Garcia, Aurora Scarpaci.

### Agenda.

1. Introductions/Icebreaker.

Notes: All members present participated in the Ice Breaker, "Do you have a New Year's Resolution? If not, do you do anything else to start off the New year?".

2. Finish work on the Action Plan.

- a. Work on the last questions for each of the three recommendations.

Notes: The Council members went through the community Jamboard and discussed the Action Plan SMART goals and added notes to answer the following questions:.

1. How will you know when the recommendation is fully implemented?.
2. What do you predict will happen if this recommendation is implemented?.
3. Is there anything that came up during discussions that doesn't fit into an existing question but is important to note?.

3. Discuss Next Steps.

Notes: At our next meeting, the Action and Family Council will meet together to review and make final recommendations for the Action Plan. This meeting will be held Wednesday, January 24th at 6:00pm.

Once the Action Plan is finished, we will move to discussing Mental Health data and gathering community feedback on what's going well and the challenges/barriers to accessing mental and behavioral health services for young children. The next meeting will be on 1/24/24 and will be a Workgroup meeting from 6:00-8:00pm; Once the Action Plan is finalized we will discuss final feedback and what is upcoming for Mental Health within Birth to Five Illinois.

People in Need is set for Saturday, 1/27/24, 8:30am-1:00pm.