



February Family Council Notes

Date: February 20, 2024, via Zoom 12:00pm and 6:00pm

Attendees

Kelly Ballard, Jessica Goode, Kassie McEvers

Notes:

1. Review group agreements.

Do your best.

Lean into discomfort.

Respect yourself and others.

This is a vulnerable topic if you need to step away or leave, take care of yourself.

Honor the process.

Stay present.

2. Mental health/wellness check-in/Parent quotes:

Council members shared experiences of interacting with mental health systems in Region 40

3. Mental and behavioral health landscape

Notes: Discussed the demographic data, including poverty and racial and ethnic breakdown, and highlighted the need for cultural responsiveness. The team also discussed the mental health services.

Focus on the gaps in the mental and behavioral health landscape and the need to identify what's missing from our current list. In our Region, we have the presence of four hospitals, four board-certified pediatricians approximately 774 mental and behavior health providers in the region do they service 0-5.

4. Next meeting: Tuesday, March 5, 2024. 12:00pm and 6:00pm.