



February Meeting Notes

Date: February 3, 2023, via Zoom 12:00pm and 6:00pm

Attendees

Kelly Ballard, Kassie McEvers, Jessica Tupper

Agenda

1. Review group agreements!
 - a. Do your best.
 - b. Lean into discomfort.
 - c. Respect yourself and others.
 - d. This is a venerable topic if you need to leave, please take care of yourself.
 - e. Honor the process.
 - f. Stay present.
2. Overview of work.

Notes: The Illinois State Board of Education has released the Request for Proposals Grant for our Birth to Five Illinois work.

Mental health/wellness check-ins

3. Watch the PowerPoint presentation.
4. Mental and behavioral health introduction.
 - We received a great response within our region on mental health and healthcare resources, and now have this information.
 - The role of the councils will be to look at the data to understand the needs of our region. And then make recommendations.
 - If you have families or friends experienced with mental & behavioral health, we want to hear their stories.
 - We need to access resources, groups, and professionals that support children and families.
5. Lindsey from our team will reach out to families for interviews and focus groups.

Next Meeting: February 20, 2024 at 12:00 PM and 6:00 PM