



## [Action Council Meeting Notes 2/27/2024](#)

Date: February 27<sup>th</sup>, 12:00pm and 6:00pm via Zoom

### Attendees

Amber Nash, Jennifer Lubrant, Amy Hess, Lisa Goode

### Agenda

1. Review group agreements.

Do your best.

Lean into discomfort.

Respect yourself and others.

Step away or leave, take care of yourself.

Honor the process.

Stay present.

2. Mental Health Discussion:

Notes:

- Focused on the challenges families face in accessing services for their children. The Action Council discusses the difficulty in engaging busy professionals, family resistance toward seeking help, and the lack of services for younger children.
- Highlighted the need for more intensive services and the tendency for families to seek help for their children rather than themselves.
- Conversation about budgeting for mental health consultants and the availability of funding for certain services.
- Discussion of distribution of certified pediatricians and mental health providers across various counties and the need for data on the number of children receiving mental health resources.

Next meeting: March 12, 2024 at 12:00 PM and 6:00 PM