



## Action Council Meeting.

Date: January 25, 2024.

Time: 10:00am – 12:00pm.

Location: Zoom.

### **Attendees.**

Council Members present: Angel Lawrence, Michelle Witherspoon, James Keith, Jeff Dase, Megan Broderick, Amy Steck, Jacquelynn Rose, Brenda Eastham, Tamara Doyle, Jacqui Smith, Simone Houston, Stephanie Strick.

### **Agenda.**

1. Introductions (10:00am 10:10am).  
Facilitator: Heather Seitz.
2. Community Agreements (10:10am 10:15am).
3. Action Plan Updates and Approvals.  
Action Plan was reviewed and approved by council members. Updates to Action Plan were presented.
4. Mental Health Discussion Transition.  
The meeting agendas were given for upcoming meetings February to May 2024. Discussion was had about what we already know about mental and behavioral health needs and resources in our community. Council members provided questions on what information we need to learn in the coming meetings. Conversation was had about knowing what is a developmental mental health delay vs what is an environmental learned behavior. Council members cited that families in the region need supports for mental health and opportunities to learn about child development.
5. Questions & Comments.

Meeting ends: 11:48am.