



## Action & Family Council Workgroup Planning

Date: January 11, 2024

### Attendees

Action & Family Council Members present: Carolyn Short, Chrissy Njod, Dr. Patricia Starks (Alt), Dr. James Duggan, Lovice Brinkman, Mary Self, Rhonda Showers, Rosemary Pistorius, Newcomb Mowrer, and Sheree Sykes.

Guests: Eric Ceci, Sarah Winkel

### Agenda

1. Welcome and Group Agreements.  
Notes: Permission to record was granted by those present.
2. Introductions and Ice Breaker Activity.  
Notes: Members participated in an ice breaker activity.
3. SMART Goal Planning & Review.
  - a. Review questions # 8 - 10.
    - i. Notes: Liz reviewed questions # 8 - 10 with Council members.
  - b. Discuss and complete questions # 11 - 12.
    - i. Notes: Council members expressed concern in regard to having the information and/or updates to services available once the action plan begins to move forward.
    - ii. Council members suggested that we will need the help of our followers on social media to help share any information via social media platforms.
    - iii. Council members asked that we clarify the difference between the KAN I HELP website and IKAN, ROE Office when sharing or out in the public.
    - iv. One Council member stated he would get more accurate numbers in regard to the number of modules that pertain to family and students.
    - v. One Council member stated that their scope of work moving forward is dependent on their budget.
    - vi. One Council member updated our Action Council in regard to Level 1 Theraplay/Sunshine Circle. She stated that the Level 1 training was a four day training and there may be a stakeholder interested in hosting a Level 1 training; more information to come in the future and depending on funding.
4. Next Steps.
  - a. Review the entire Action Plan.
    1. Edits.
    2. Revisions.

3. Additions.
4. Community Updates from Members.
  - a. Notes: Liz briefly discussed our upcoming work in reference to the mental and behavioral work that is coming up.
  - b. Council members were asked and those in person completed the Exit slip.
  - c. Liz reminded the Council to complete the Mental Health Survey before Monday, January 15, 2024.
5. Adjourn.

### Before the next meeting...

- Review the entire Action Plan.
- Next meeting date(s): Action & Family Council Workgroup Combo Meeting  
Thursday, January 18th  
6:00pm - 8:00pm  
Notes: Council members were asked to please RSVP if they were able to attend.