



Action Council Meeting

Date: February 1, 2024

Attendees

Action Members: Chrissy Nojd, Cindi Schimmelpfenning, Cindy Luzeniecki, Mary Self, Pamela Powell, Rebecca Graham, Rhonda Showers, Sheree Sykes, Brisa Zermeno (alt).

Agenda

1. Welcome and Group Agreements.

Notes.

- a. Permission to record granted.
- b. Liz discussed the subject matter of mental health conversations moving forward. The group agreed that moving forward during meetings Council members may leave the meeting if at any time they feel the content was difficult. Liz provided safe spaces for in person attendees and shared that virtual attendees could log off, if needed.

2. Introductions and Ice Breaker Activity.

3. Review group agreements.

4. Data literacy.

Notes:

- a. Liz shared data from our Mental Health Survey.
- b. Liz reviewed IECAM data with Council members.
- c. The new Glossary of terms were reviewed and discussed.
 - i. Council members discussed terms that should be added.
 - ii. Council members discussed services that should be added.
- d. Interpreting data.
 - i. Definition was reviewed.
 - ii. Discussed how data is used in our plan.
- e. Data limitations.
 - i. Definition was reviewed.
 - ii. Discussed how data is used in our plan.
- f. How we use data.
 - i. Definition was reviewed.
 - ii. Discussed how data is used in our plan.
- g. Language considerations.
 - i. Definition was reviewed.
 - ii. Discussed how data is used in our plan.

5. Introduction to Mental and Behavioral Health Landscape.

- a. Council members answered questions # 1 - 10.

6. Next Steps.

- a. Council members were asked to answer questions # 11 and 12.
- b. The February 15, 2024 meeting is not needed due to the length of today's meeting.

7. Community Updates from Members.
8. Adjourn.

Before the next meeting...

Next meeting date(s):

Family Council
Thursday, February 8th
6:00 pm - 7:45 pm

Action Council
Thursday, March 7th
9:00 am - 11:00 am