



Action Council Meeting

February 21, 2024

Attendees

Wendy M., Adilene L., Danette C., Rosa S., Stephanie C., Christine B., Lorena N., LuAnna H., Tricia S., Veronica T., April W., Andrea., Liz S., Lidia S., Victoria O.

Agenda

1. Welcome
 - a. David started the meeting by greeting all the members and requested them to share any book, movie, or song that had a positive impact on their mental health. He then provided an update on the Action Plans that the members have been working on for the past few months.
 - b. David informed the members that the governor visited the county next to us about 1.5 weeks ago to discuss collaborations and funding for such collaborations in DuPage. He also mentioned that today the governor will be delivering the State of the State address.
 - c. David then proceeded to remind members of housekeeping.
2. Community Agreements
 - a. David reminded members of the community agreements they had previously agreed on.
3. Questions
 - a. David shared the questions we will be working on when talking about mental health, and the locations in the county where the responses from the survey that previously went out came from.
 - b. David asked members where in the region are the mental health services aware of, and where are the gaps?
 - i. During the conversation, members discussed resources and gaps in their communities.
 - c. David shared the responses that were received in all of Illinois and for our Region on how far people are traveling for mental and/or behavioral services they used.
 - d. David then asked what demographic may be missing out on connecting with services based on location of services?
 - i. Members discussed the potential barriers that individuals might face in accessing services based on their location and demographics.



- e. David shared the responses of what people said would make it easier for families and caregivers to find mental and/or behavioral health help for children in their community.
 - i. The members had a discussion regarding the survey responses.
- f. Updates/Next Steps
 - i. David shared updates and next steps with members.