



Action Council Meeting

February 7, 2024

Attendees

April W., Liz S., Kim P., Lidia S., Wendy M., Kristy B., Gretchen S., Tricia S.

Agenda

1. Welcome
 - a. David began the meeting by welcoming the members and informing them about the plans of Action Council and Family Council during the Mental Health meetings. He then requested all members to share how they are feeling by putting a number in the chat. David also reminded everyone about the housekeeping rules. Finally, he shared the meeting agenda with the members.
2. Community Agreements
 - a. David presented members with the Group Agreements they had agreed to in the beginning of year two of Council meetings. David then asked members if there is anything they would change in the group agreements or highlight now that we are entering the Mental Health and Behavioral Phase.
3. Data
 - a. David presented the limitations of data and discussed the use of quantitative and qualitative data at Birth to Five Illinois.
4. Language
 - a. David presented the community members with a list of recommended language terminologies to use in their writing and conversations. He requested that the members select the terminologies that they find most interesting and read them out loud.
 - i. The members read interesting languages and then shared experiences and observations.
 - b. David asked if there is anything they would like to add to the list to reach out.
 - c. Members suggested additional items to add to the list.
5. Feedback
 - a. During the meeting, David presented six questions that will be discussed over the next few months.
 - i. Members shared some of the things they have been observing in our region.



- ii. During the presentation, David provided an overview of the demographics for our region.
 - iii. Members provided feedback on their knowledge and perceptions of regional demographics.
 - b. David presented the Current Landscape information for Region 31.
 - c. David presented the mental and behavioral health survey results to the members.
- 6. Updates/Next Steps
 - a. David reviewed reminders and updates with the Council members.