



## Action Council All Member Meeting

Action Council Members

Date: February 14, 2024

### Attendees

Council members present: Carla, Megan, Meghan, Sadie, Kevin, Paula, Jamie

Council members absent: Shannon, Shawna

### Notes:

- Icebreaker – Brain stretch
- Reviewed group agreements
  - No additions
- Reviewed types of data and preferred language
- Reviewed big questions to answer
  - Kari Thompson – Family Care Associates in Effingham
    - Must be an existing patient to access their mental and behavioral health services
    - Full team – MD, Family Doctors, at least 1 pediatrician, NP's, child psych
    - Main office accepts Medicaid
    - Long waitlist for families even with expansion
  - Catholic Charities (Effingham) at one time had counseling (not sure if they still do) for families and children
  - Macoupin County Health Dept provides behavioral health to families even outside of that county
  - Caregiver Connections – can also see service map for providers listed
  - “We are having an increase in clients specifically from Venezuela and other So. American countries.”
    - Recent challenges in Eff Co for at risk families that we are serving:  
<https://news.yahoo.com/county-board-oks-resolution-barring-045900553.html>
    - “County is hesitant to spend \$\$ on migrant populations and our org is a county entity”
  - Entry Points –
    - HeadStart refers to EI
      - Families, students, and teachers
    - Crisis Care – One Hope United offers an entry point
    - Family Matters for IEP help for preschoolers
    - EI, Project Parenting, PreK
  - Gaps



- Insurance – Medicaid is an issue
- No mental health services for any children under the age of 6 on medical card. We have partnership built with Prairie Counseling for school referrals.
- “Just so few resources and less for those with Medicaid in Fayette Co. and even Effingham Co. Long wait lists”
- Travel time and transportation
- Referral time –
  - “wait and see approach” from doctors
  - Lack of knowledge from providers on where to refer
- “We recently had a meeting about the PreK to K transition at the schools and the best ways to support and place our kids. Great outcomes. I am very excited to see this support occurring in our district”
- “mental health support (specifically inpatient services) for postpartum mothers is a huuuuuge gap in our region. I'd love to see better supports for this in our area.”
  - Reviewed Region 3 demographics and mental health landscape
  - Reviewed Caregiver survey
  - Reviewed Referral Process survey
- Feedback
  - What should be shared?
  - What should be highlighted?
  - What are your experiences?

### Before next meeting...

- Send follow up email with notes, next meeting reminders, and any extra reminders as needed day after meeting (Friday), create surveys for council members to give feedback on lists of providers.