

## Family Council Monday, November 13, 5:30 pm-7:00 pm

ROE Family Resource Center, 339 S Johnson St, Macomb

## **Attendees**

Family Council Members: Tori Buckert, Andrea Garnett, Jeff McFadden, Kelly Nelson, Chiddimma Umeaduma

## Agenda

- 1. Introductions and Important Updates
- 2. Community Agreements
- 3. <u>Calendar of Workgroups</u>
  - a. Email Groups
  - b. The email lists are groups of only those in each work group. Please use them to discuss ideas or meeting times as needed.
- 4. Action Plan Template-Review meeting notes
  - a. Expand Special Needs Services
  - b. **Growing Providers**
  - c. Enhancing Family Support.
  - d. Workgroup Feedback Process
    - i. Group expressed they thought it went well at the last work group meeting. Good conversation.
  - e. Comment/make suggestions to the Action Plan for Each Workgroup (Allow 7 Min of individual work).
    - i. Time given to review each of the other work groups notes and action plans. Comments can be made in the Google docs for work groups you are not a part of but want to add something to.
  - f. Review questions for the next workgroup.
- 5. Mental Health Resources.
  - a. Asked for additional resources available.
- 6. Cara Erude, Early Childhood Mental Health Consultant from Caregiver Connections gave a short presentation about helping children with challenging behaviors.
- 7. <u>Parent Leadership Assessment Tool</u> is an optional self assessment Council members can take to identify their leadership strengths. Shannon will follow up with those who choose to participate.
- 8. Housekeeping
  - a. Addendum
  - b. Photo Release (please sign if you have not already this year)
  - c. Next meetings
    - i. Workgroup Nov 27 at 5:30pm via Zoom
    - ii. Panel Discussion Dec. 11 at 5:30pm in Macomb



## Before the next meeting...

- A short video on SMART goals (can be shown in the meeting)
  Guide to writing SMART goals (to help you prep)