

February Meeting 1

Date: February 12, 2024, 10:30 am- 12:00 pm and 5:30 pm - 7:00 pm

Zoom- https://us02web.zoom.us/j/86857020109?pwd=c0plbCs2STJaSFVSTFhuYWJ5Z2thQT09

Meeting ID: 868 5702 0109

Passcode: 188833

Attendees

Elizabeth Adler, Micah Garnett, Amy Gee, Shannon McKee, Lacie McGraw, Paul Larson, Angela Vera, Sharron Warning, Chantelle Simmons,

Agenda

- 1. Review group agreements.
 - a. Meeting option 1- Nothing needs to be changed, or adjusted
 - b. Meeting option 2- Nothing needs to be changed
- 2. Data literacy
 - a. Notes
- 3. Introduction to Mental and Behavioral Health Landscape
 - a. Local Community Resource and Agencies
- 4. Mental and behavioral health landscape
 - a. Notes
- 5. Housekeeping
 - a. Survey
 - b. ROE Conference (April)

QUESTIONS THAT NEED ANSWERED

- What does the mental and behavioral health landscape look like for families?
 - Mental health services, including Watson, U of I, WIU, North Central, several
 independent psychologists, center head start offers an in-house person, a
 Psychology clinic, and Fini Health, Hancock county has someone going into
 schools
 - o Reach out to the I/ECMHC of the area, R&R as well.
 - R&R does family childcare meetings once a month resources are shared, with classes that can be taken.
 - Fulton county drives to Peoria, some families clocking 300 miles a week for developmental therapy
- What services, resources, and referrals are available to them?
 - o I/ECMHC,
- What is missing from the list?
 - Access to care, behavioral services closer to home sites, and in-school services not being provided in all schools.
 - o Families don't know where to turn to get the help that they need.
- Where are the gaps in the mental and behavioral health landscape?
 - The number of Physicians is low for the Region. (does it include mid-level providers?)
 - Number of Mental And behavioral health providers
- What is the referral process for mental and/or behavioral health services like for service providers, referral agencies, and others who work with caregivers and families?

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- What is the referral process for mental and/or behavioral health?
 - Not sure current process.



February Meeting 2

Date: February 26, 2024, 10:30 AM -12:00 PM and 5:30-7:00 pm

Attendees

Elizabeth Adler, Marc Baxter, Cara Erude, Micah Garnett, Amy Gee, Angela Hale, Tricia Hecox, Chantelle Simmons, Jessica Scrapf, Angela Vera, Sharon Warning

Agenda

- Review group agreements
 - Still In agreement nothing to add or change.
- Review of the Mental Health Landscape for the region
 - New Department Of Early Childhood Structure
 - Launching in July of 2026
 - o Illinois Mental Health Overview
 - Showed the high-level data on mental health in Illinois
 - Blueprint of Transformation Plan
 - Video shown to council
 - Progress report was shown to the council.
 - Universal mental and behavioral health screen.
 - Beacon portal
 - o Illinois Doc Assist.
 - o Illinois Children's Mental Health Plan
 - County I-PLANS
 - o Schuyler County Mental Health Association
 - Graham Behavioral Health
 - Ouestions and Discussion
 - Did you know of that information provided?
 - New information about what was shown. Didn't know any of the mental health information given. (screens, portal)
 - Do we know what screening tools that they are going to use (universal)
 - Saw when the blueprint came out but haven't seen anything since then.
 - o Didn't know about the portal
 - How many nonprofits serve (children under 5 in our area.)
 - Chaddock in Quincy (not
 - Crock center
 - Salvation Army.
 - Corner stone Quincy.
 - Catholic Charities
 - Easter Seals
 - What data do you need or what data can you give us.
 - A lot of our families are being referred outside of our county and vice versa overlap with service providers.
 - o First line of defense is I/ECMHC

- Disability mental health staff member who makes the referrals for us.
 - Quincy Medical Group, Springfield, and Peoria
- Mental health provider Circle of Security and traumainformed training are what is being utilized the most.
 - Only have to offer the Pyramid model.
 - Updating this year.
- More resources will be provided to the council via Google Drive.
 - Behavioral health services through Robert Young,
 - Who services children who have experienced trauma and are in state care?
- Referral process
 - Challenging to get families to sign consent forms to be able to reach out to the agencies on their behalf.
 - o As well as the follow-up or follow-through from families.

Barriers

- Long wait lists 2+ years at some places
- Weekend care not available.
- Time frame for people not available
- As a home provider we are not being taken seriously as teachers. Parents aren't taking home providers seriously. They take it better from schools.
- Providers experience burnout in special ed inclusive classrooms. Often don't have the training
- We have the older generational mindset (Fulton County) that stays in place for a long time. Is that a factor in the ways that things are happening in our children's lives as for comments and viewpoints?
 - They do their best and they try which they are thankful for but the older viewpoint of who needs help and who doesn't is factoring into the follow-up from the family standpoint.
- What does this stem from?
 - Is it because parents haven't dealt with their traumas, and it is trickling down to the children?
 - Covid related- children weren't exposed to social-emotional.
 - A lot of parents are high on social media and there isn't a lot of oneon-one parent and children time.
 - Training is available but parents aren't attending.
- The next meeting is March 11^{th,} Day and Night option will be available to council Meeting links have been provided.