



February Meeting 1

Date: February 5, 2023.

Attendees

Present: Lee Eklund, Teale Betts, Phillip Hosfeldt, Lisa Drury, Pam Thrash, and Rebecca Guest.

Agenda

1. Reviewed group agreements.
2. Icebreaker Completed.
3. Data literacy review.
 - Quantitative data is summarized and interpreted using tables, pie charts, bar graphs, line graphs, etc.
 - Qualitative data is grouped into common themes and individual quotes or stories are pulled out to illustrate important results and give context to quantitative data.
4. Introduction to mental and behavioral health landscape.
 - What does the mental and behavioral health landscape look like for families? What services, resources, and referrals are available to them?
 - Where in the Region are the mental and behavioral health services and supports located?
 - What other mental and behavioral supports, resources, or referral agencies are available but not listed in the data provided?
 - What is the referral process for families like based on Council feedback?
 - What are caregiver experiences like with the referral process? (Please note: These are experiences that are not already documented in the survey data.)
 - Who is missing out on the opportunity to connect with mental and behavioral health services and support due to their location? Why?
 - Who is missing out on the opportunity to connect with support and behavioral health services and support due to other barriers, such as language, culture, religion, transportation, number of providers, etc.? Please list the barrier and provide an explanation of each.
 - What data did Council or community members provide on mental and/or behavioral health services and resources for priority populations?
 - How does the number of providers impact caregivers, children, and families?

Note: if directly quoting someone, please provide their county if your Region includes two or more counties. For example: Community Member (Greene County). We will not list names or other identifying information in the forthcoming report.

- How do wait times for mental and behavioral health services impact families in the Region?
- Is there any other information you'd like to share from your Council meetings or community members related to mental and/or behavioral health?

5. Next Steps.

- Request for all Action Council members to complete the mid-year council survey sent from Cicely Fleming via Mailchimp on 2/2. This survey closes on 2/14.
- Request for all Action Council members to review the February questions and responses complete the Google Doc so that everyone provides input.
- Think about potential guest speakers, focus group and interview participants that fit into the conversations.
- 2/29 Action Council Meeting 5-7pm @ Birth to Five Illinois Office (Vienna).
- 3/18 Action Council Meeting 5-7pm @ CCRR (Carterville).
- 4/4 Action Council Meeting 5-7pm @ CCRR (Carterville).
- 4/25 Action Council Meeting 5-7pm @ CCRR (Carterville).
- 5/13 Action Council Meeting 1-3pm @ CCRR (Carterville).
- 6/6 Action Council Meeting 5-7pm @ CCRR (Carterville).