



February Meeting 2

Date: February 29, 2024.

Attendees

Present: Missy Brown, Mallory Mazanek, Mary Beth Long, Claire Davis, Lisa Drury, Terance Henry, Natasha Hubbard, Johna Schullian, Nancy Gulley, Phillip Hosfeldt, and Pam Thrash.

Agenda

1. Review group agreements.
2. Icebreaker.
3. Survey Results for Region 21 were presented.
4. Family Council update.
 - a. Family and Community Engagement Specialist, Chelsi Diles, provided an update on discussions held during the most recent Family Council meeting identifying the strengths, barriers, and needs of accessing Mental Health Consultants with quotes taken from members.
5. Final review of February Questions.
6. Guest speakers: Natasha Hubbard, I/ECMHC (Centerstone) and Mallory Mazanek I/ECMHC (Centerstone).
 - a. I/ECMHC Overview and Services Provided.
 - b. The Power of Observation.
 - c. Council members were given time to ask questions to I/ECMBHC guest speakers.
 - d. Information was provided to Action Council members on where to receive Mental Health training.
7. Infant/Early Childhood Mental Health Consultants (I/ECMHC).
 - a. Break out groups were formed, and members started work and discussions on the March Questions portion of the data collection tool. This work will continue virtually between this meeting and next.
8. Next Steps.
 - Topics: Home Visiting, Prevention Initiative and CFC's.
 - CCR&R will be sharing Caregiver Connections resources with the Birth to Five Illinois: Region 21 Staff to distribute to both councils.
 - 3/18 Action Council Meeting 5-7pm @ CCRR (Carterville).

- 4/4 Action Council Meeting 5-7pm @ CCRR (Carterville).
- 4/25 Action Council Meeting 5-7pm @ CCRR (Carterville).
- 5/13 Action Council Meeting 1-3pm @ CCRR (Carterville).
- 6/6 Action Council Meeting 1-3 pm @ CCRR (Carterville)- June meeting will be a community meeting with Family Council and the date is subject to change. The time will for sure change.