



Family Council Meeting Agenda.

Family Council Members

Date: January 24, 2024

Attendees.

Council members present: Yazmin Tejeda, Yazmin Baker, Arisbet Figueroa, Allyson Stefani, Safiyyah Hassan, Laura Colic, Julie Center, Jessamyn Kryska.

Agenda.

1. Welcome/Check-In/ Icebreaker/Group agreements.
2. Council members finalized their recommendation in small groups.
 - a. Reviewed and made final edits to their recommendation.
 - b. Group discussion/ presentation to the large group.
3. Introduced Mental and Behavioral Health for Children.
4. Presented data collected from the Mental and Behavioral Health Survey across the State of Illinois (shared in the Birth to Five Illinois State Newsletter).
 - a. Completed surveys: over 470 caregivers, 180 Early Childhood professionals, and 350 community partners from across the State.
 - b. Highlights from the data:
 - Fifty-three percent of caregivers traveled, on average, 30 minutes to take their child to mental and/or behavioral health services.
 - Professionals answered that, outside of mental and behavioral health services, affordable child care is the top need of families with children birth to age eight their agency or organization serves.
 - Caregivers and professionals identified the top three factors that would make it easier for families to access mental and/or behavioral health services: (1) Low cost or no-cost services; (2) More counselors, therapists, psychologists, and/or psychiatrists; (3) If providers did not require specific insurance to get services.
5. Jamboard Activity: Introduction to Mental and Behavioral Health
 - a. What do you know about Mental and Behavioral Health for Children?



- b. What would you like to learn about Mental and Behavioral Health for Children?
- c. What questions/curiosities do you have about Mental and Behavioral Health for Children?

Before the next meeting...

Accept the next meeting invite for the February meeting. The next meeting is February 7th, 2024.