



## Family Council Meeting

Date: February 26, 2024

### Attendees

Council members present: Holly Houser, Jamie Schneider, Samantha Bush, Abigail Gibson, Aimee Younker, Elizabeth Ingram, and Tiffany Reed

Council members absent: Elizabeth Houser, Nicole Thiel, and Morgan Waller

### Agenda

1. Welcome & Agenda
2. Group Agreements
3. Check In
4. Future Meeting Flow and Work
  - a. Staff discussed the format for upcoming meetings including presentations, guest speakers, and opportunities for Council Members to share their perspectives regarding the referral process for mental and behavioral health services. This includes discussing the impact of waiting for these services on families and sharing personal experiences with the referral process.
5. Mental and Behavioral Health Landscape
  - a. Staff provided an overview of existing mental and behavioral health services in Region 11. The presentation highlighted the goal of analyzing the data to understand regional needs and develop recommendations.
6. Families and Referrals
  - a. Staff discussed the mental and behavioral health landscape for families, including available services, resources, and referrals.
  - b. Discussion centered on the referral process for mental and behavioral health services, with insights from Council Members on ways families reported getting referred for services.
  - c. Council Members questioned typical caseload sizes for mental and behavioral health professionals, aiming to understand workload dynamics in mental health support.
7. Next Steps
  - a. Council members were encouraged to consider questions for mental and behavioral health providers, agencies, organizations, and non-profit organizations, fostering dialogue and collaboration towards improving services and support for families.
8. Conclusion