



MEETING NOTES

Region 44 Action Council Meeting

Date & Time: 8/10/2023, 11am-1pm

Council Members present: Donna Emmons, Kim Lamz, Susan Beckman

Council Members absent: Elyse Sereyka, Jamee Potash,

11:00 Introductions & Ice Breaker (5 minutes)

Notes: The council members present participated in the ice breaker that asked if your babysitter was from the last TV show you watched who would it be?

Decisions: N/A

Next Steps: N/A

11:05 Welcome, Review Last Meeting, Details: Dissemination Update & Infographic (15 minutes)

Notes: The Regional Council Manager shared the infographic that is currently being shared with the public. At the last meeting we discussed questions and stories that are important to tell about this Region.

Decisions: N/A

Next Steps: N/A

11:20 Early Childhood Regional Needs Assessment (30 minutes)

Notes: The Regional Council manager informed the council members that disseminations have started and we are making an addendum to the Early Childhood Regional Needs Assessment that became available July 31st. The council viewed the digital version of the Early Childhood Regional Needs Assessment. Once the addendum is completed it will be made available to the public. The council also viewed the Power Point that is being used at the disseminations. There was a lot of discussion about the social emotional levels of incoming Kindergartners due to the pandemic and the demands of child care center staff.

Decisions: N/A

Next Steps: N/A

11:50 Year 2 Information (20 Minutes)

Notes: The Birth to Five Illinois staff are all being trained in CQI for the upcoming year. The second phase of focus for Birth to Five Illinois will be the mental health of children up to age 5. The Action Council Interest forms are still available and need to be completed by August 20th.



The council discussed the Action Plan listed in the community Jamboard and asked the following question to the council members for feedback:

1. What would have been helpful for the onboarding of new Action Council members?

Decisions: N/A

Next Steps: N/A

12:10 Check-In and Share-Out (10 minutes)

Notes:

1. Options and Advocacy is starting a new program regarding mental health needs and more information will be coming out when the program begins.
2. 4-C has expanded within their building. They are starting a new Early Childhood Workforce Support Program. It will provide a safe space to reflect on the physical, emotional, and psychological challenges experienced in personal and professional life. This program will explore healthy coping strategies to regain emotional regulation and avoid burnout, and help restore confidence in the ability to meet the needs of children and families.
3. Birth to Five Illinois Region 44 staff will be attending the following upcoming events:
 - a. August 15, Farmers Market in Woodstock
 - b. September 9, Farmers Market in Woodstock
 - c. October 7, Settlers Days in Marengo
 - d. October 29, Bremer Team Trunk-or-Treat held at the McHenry Outdoor Theater
4. There will be a public dissemination meeting held at NISRA, 285 Memorial Dr., Crystal Lake on Thursday, August 17 from 5:30-6:30pm. Please RSVP to nbach@birthtofiveil.com

Decisions: N/A

Next Steps: Council members will send Birth to Five Illinois staff flyers or information pertaining to the above programs so we can share more specific information with the public when it becomes available.

Next Meeting: 9/7/2023, 11am-1pm, Hybrid