

## **Action & Family Council Workgroup Summary**

Date: October 19, 2023

## **Attendees**

Action Council Members Present - Carolyn Short, Chrissy Njod, James Duggan, Mary Self, Mary Tillery, Penny Greenlee, Rebecca Graham, Rhonda Showers, Newcomb Mowrer, Sheree Sykes. Family Council Members Present – Ali Denault, Ami Kring, Cheme Williams, Maria Orozco, Sarah Gowler, Teage Drinnon.

## Agenda

1. Welcome and Group Agreements.

Notes: Liz welcomed everyone in attendance.

2. Introductions and Ice Breaker Activity.

Notes: Liz introduced Mariah Vail from United Way of Kankakee and Iroquois Counties and Eric Ceci from Iroquois County Health Department.

3. Action Plan Recommendations Revisions.

Notes: Revised Sections for #1-2b of the Action Plan were reviewed and approved by the council members.

4. SMART Goal Planning Questions 3 & 4.

Notes: Liz led the council through discussion about sub goals and an overall terminal goal for Recommendation #1. Four SMART Goals were created for Recommendation #1 and action steps were aligned to each SMART Goal.

5. Next Steps.

Notes: Due to the time needed to discuss, prioritize, and strategically determine SMART Goals and action steps for Recommendation #1, we will need to finish question #4 for Recommendation #1, as well as create SMART Goals for Recommendation #2 during our next meeting on November 2<sup>nd</sup>, 2023. We will also preview questions 5-7 during our upcoming meeting.

6. Community Updates from Members.

Notes: Council members shared upcoming events for our Region.

7. Adjourn.

## Before next meeting...

- Review Meeting Summary in the Action & Family Council Member Google Drive.
- Next meeting date(s):
  - Action Council Meeting Thursday, November 2nd 9:00-11:00am
     KCC NEC & Virtual



- Family Council Meeting Thursday, November 9<sup>th</sup> 6:00-7:30pm
   KCC NEC & Virtual
- Combo Meeting
   Thursday, November 16<sup>th</sup>
   9:00-11:00am
   KCC NEC & Virtual