



## AGENDA

### **Birth to Five: Region 50 Family Council Meeting**

**Location: 1000 S Illinois Street, Belleville, IL 62220**

**Date & Time: January 19, 2023, 6:00pm-8:00pm**

**I. Welcome & Introductions of Regional Council Manager & Staff (10 min)**

Facilitator(s): Stephanie Herling, Shameka Brown

- Welcomed four new members to their first Council meeting.

Next Steps:

- Council Agreement and Photo Release collected and submitted.
- Contact information updated.

**II. Ice Breaker (25 min)**

*What are your individual and family goals for 2023?*

Facilitator(s): Shameka Brown

- Common goals such as self-care and intentional interactions with family were among the variety of responses.

Next Steps:

- Follow up with suggestions and resources given to assist members to become successful in reaching their goals.

**III. Review Roles & Responsibilities of the Family Council (10 min)**

Facilitator(s): Shameka Brown

- Discussed responsibilities as a Council member.
- Asked to reflect on the community agreements for questions, comments, and/or additions.

Next Steps:

- Share resources with the community to help spread awareness.

**IV. Training Support for the Family Council (10 min)**

Facilitator(s): Shameka Brown

- Re-Introduced training opportunities that are available for Council members to participate in.

Next Steps:

- Follow up with a link to the training.



V. Early Childhood Education and Care Overview- What Does it look like in St. Clair County? (45 min)

Facilitator(s): Shameka Brown

- Members discussed programs that they have participated in.
- Overview of each Early Childhood Education and Care System was given.
- Discussions around benefits and barriers that families had experienced were led.

Next Steps:

- Provide the Council with a reflection tool to continue thinking about the benefits and barriers of programs.

VI. Questions, Updates, and Closing (20 mins)

Next Steps:

- Provide members with our local office phone numbers.

Next Steps:

- Council Agreement and Photo Release collected and submitted.
- Contact information updated.
- Follow up with suggestions and resources given to assist members to become successful in reaching their goals.
- Share resources with the community to help spread awareness.
- Follow up with a link to the training.
- Provide the Council with a reflection tool to continue thinking about the benefits and barriers of programs.
- Provide members with our local office phone numbers.