



## MEETING NOTES

### Region 9 Family Council Meeting

Date & Time: Thursday, November 30, 2022, 12 pm – 2 pm

#### Attendance:

Council Members present in person: N/A

Council Members present virtually: Rita Conerly, Julie Duvall, Stephanie Williams

Council Members absent: Khadijah Visor, Stephanie Burnett, Hiram Rosario

Presenting: Jackie Charles

Zoom Point Person: Caitlyn Scarbro

Notes and Tech: Samantha Copeland

#### **Welcome and Introductions: (30 minutes)**

Regional Staff Introduced themselves and members gave a short introduction of themselves

#### **Icebreaker (20 minutes)**

Q: “How do you define support?”

A: Variety of answers including:

- Active listening
- Networks for mutual assistance
- Being open to network to receive support
- Giving of tools to help
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#### **Introduction to Family Council: (30 minutes)**

Jackie Charles presented a slide deck including:

- Birth to Five Illinois’s vision, mission, and goals.



- Family Council's Agreements, responsibilities, and goals
- Action Council's purpose, role, and relationship to Family Council
- Available training resources for council members. (Link to recordings on slide in FC folder)

Items of note: New Mexico is first state to make birth to five education free for everyone.

### **Community Agreements (10 minutes)**

Jackie Charles presented 12 community agreements for members to add to or modify. All present members agreed to the 12. They are as follows:

#### Community Agreements:

- Be Curious, Open, and Respectful
- Confidentiality – Do not speak for other without permission; do not share private information in a safe space.
- Take Care of Ourselves – During our meeting time stretch, eat, drink, use the restroom when needed.
- Speak from your own experience – Use “I” statements rather than generalizations.
- Be Conscious of Intent vs. Impact – No matter the intention, we are responsible for our impact.
- Lean into Discomfort –It is how we grow!
- Take Space, Make Space – If you are usually quiet challenge yourself to take more space, if you are usually more talkative be mindful to leave room for quieter voices.
- We can't be right 100% of the time – Give benefit of the doubt and ask clarifying questions.
- Recognize and challenge our own biases.
- Take and give feedback with grace.
- Practice self-awareness.
- Be open, vulnerable, and present.



Next Steps:

Samantha Copeland will place a living document of these in the Google Folder for reference.

**Why did you join the Council? (15 minutes)**

Q: "What made you fill out an interest form?"

A:

Overall answer echoed by members: Early start to education makes children more likely to do better in the future

Other answers of note:

- Learn more about supporting and assisting community people as they move toward or need resources.
- Give a voice to parents who have children who are different so that they can learn that they do not have to have a lack of education goals for their children.

**Future Meeting Times (10 minutes)**

Preferences voiced by members

- No Mondays
- Tuesday, Thursday lunch or afternoons
- Saturday mornings
- Lunch Hour time

Next Steps:

Samantha Copeland to send out survey for December meeting date and time and future meeting preferences.