



## Family Council Meeting

Family Council Members

Date: Tuesday, January 16, 2024

Time: 6pm to 8pm

### Attendees

Council members present: Denasha Oliver, Kimberly Myers, Victoria Taylor, Breanna Puckett-Woods, Barbara McElmurry, Deanna Davis, and Sarah Inboden

Council members absent: Sonya Clark, Breanna Kobus, Micole Larry, Alessandra Nicholson, Amanda Sullivan, Victoria Taylor, Jacey Caudle, and Sydney Pollard

### Agenda

1. Welcome  
Linda welcomed everyone to our meeting today.
2. Group agreements  
Linda reviewed the group agreements. No comments were made.
3. Icebreaker  
Linda asked everyone to pick a number from one to six and a question will be asked accordingly to get us started today. Everyone picked a number and shared their answers.
4. Formal Introductions of New Members  
Linda introduced our new member attending this evening, Sarah Inboden. Sarah introduced herself and mentioned that she works at The Little Resource Center in Carbondale and the Carbondale Public Library.
5. National Day of Racial Healing
  - a. Conversations on Racial Healing –

Zena led this discussion by asking key questions. Zena: Discussed "National Day of Racial Healing" and went around the room asking members their feelings/experience with racism. Key questions discussed:

1. Have you ever experienced a situation where your racial or ethnic identity seemed to contribute to a problem or uncomfortable situation?
2. Have you ever witnessed someone being treated unfairly because of their racial or ethnic identity?
3. When did you think about your race and what happened when you thought about it?



Everyone shared their thoughts and hearts and had a good, honest conversation about the subject.

Quote-"When we create safe spaces where truth-telling and uncomfortable conversations can happen, we have hope that healing can happen." LaJune Montgomery Tabron.

6. Transitioning to Mental/Behavioral Health
  - a. Zena proceeded to mention that we will be focusing on mental health starting with our next meeting. More information to come.

### **Before the next meeting...**

- Review agendas and data
- Mark your calendar for the next Family Council meeting, February 6, 2024